

Messages from the Heart

... all we have to do is listen!

From time to time I will be sending out these Messages from the Heart... little love notes to remind us all about what our lives are really about... and some tips for remembering that. I'll also be sending information about classes and workshops that I'll be offering -- and other stuff as inspiration moves me! More information about what I'm doing is available on my website: <http://www.heartscommunicate.com>. If you are not interested in receiving these Messages there is an "unsubscribe" link at the bottom.

The photo below was taken during a lovely visit to the ocean at Inlet Beach on the Panhandle of Florida. The flowers were my daily reminder of the beauty of all Life. I hope you enjoy them too!

My love to you,
Faun

