## **Messages from the Heart**

... all we have to do is listen!



We have come a long way in a short time. Yet we still expect more. We are looking outside of ourselves for the Oneness that is within us all, each and every one of us. To hear, be, that Oneness we must feel and know who we are. A simple statement, though often a difficult journey. Together we can experience the journey and assist each other in experiencing the Oneness that we are.

The texture of life is rich and multi-faceted. It reaches far beyond the corners of the work-a-day world and even beyond the depths of our Earth Mother. This fabric of life that we wear is filled with the breath of love - the love of All That Is - the breath of All That We Are. We are One. Together. Without separation. It is simply Fear that gives us the illusion of separateness. Fear of judging and being judged. Fear of being alone. This fear is Key to our aloneness. When this key is transformed... to love... we have the knowledge of Oneness and of our uniqueness among the All. Let this journey be the beginning of your transformation. Of your connection to the core of your life and who you are. Recognizing, knowing, the Oneness is knowing oneself.

Journey Into Oneness with John Armitage Two-day Workshop in New Orleans October 10 - 11, 2015 (Sat - Sun), 9:30 am - 6 pm Old Firehouse, 718 Marigny Street, New Orleans, LA 70117 Cost: \$527

For more information download the registration form: <u>http://www.heartscommunicate.com/wp-content/uploads/Journey-Into-Oneness-2015.pdf</u>

My love to you, Faun

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