## **Messages from the Heart**

... all we have to do is listen!



fear, to step into their power and live more and more from their true essence. This transformation has a healing effect on the individual and as a spin-off of that makes it possible for them to pass on energies that have a healing impact on others. This healing effect can be on a physical level, an emotional level and a psychological level.

At this time the whole earth and humanity are making a multidimensional shift from 3D through 4D to 5D or higher. Our physical bodies and light bodies are transforming, in order to be able to hold more light. The shift and the vibrational increase are both caused by and are causing paradigm shifts throughout the world. We are undergoing a crystalline transformation, a vibrational transformation, a paradigm-shift transformation. We are part of a process that is on-going at this time, cause and effect intertwined, from our point of view. And our point of view is expanding multi-dimensionally.

Are you ready to step out of fear? Do you want to step into your power? Do you miss the power of Love without conditions in yourself and your life? Then maybe this system is a way forward for you.

For more information about this workshop visit my website: http://www.heartscommunicate.com/index.php/classes/new-paradigm-mdt/ - or, download a registration form: http://www.heartscommunicate.com/wp-content/uploads/Basic-flyer-Aug2014.pdf

My love to you, Faun